



# Enrichment Programs: Spring 2019

## Explore new interests this spring at Brent Elementary!

Springboard's spring programs are taught by local community experts, and offer multiple opportunities for kids to explore fun and creative activities!

### Benefits of enrichment programs include:

- Increased academic success and social skills
- Boosted self-confidence and self-esteem
- Dedicated time for fun and relaxation while exploring new interests, or building skills

Register by **March 8<sup>th</sup>** to secure your spot!

Please note, some classes may be cancelled if enrollment is low. To help avoid cancellation, it is best to register early.



**Program Information**

Area Director: Ashley Olt,  
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Location: Brent Elementary

Questions?  
enrichments@springboardkids.com

Registration Opens February 13<sup>th</sup>!  
parent.springboardkids.com

	Weekday	Time	Grades	Price	Start	End
<b><i>Brent Elementary</i></b>						
Breathing Space Family Yoga PS-1	M	3:45-4:45	PS-1st	\$148.00	3/25	5/20
More Than a Lemonade Stand	M	3:45-4:45	K-2nd	\$175.00	3/25	5/20
STEM Career Quest and Adventures	M	4:45-5:45	2nd-5th	\$175.00	3/25	5/20
PURE Tennis: Tennis Tots	M	3:45-4:45	PS-K	\$192.00	3/25	5/20
PURE Tennis: Quick-Start	M	4:45-5:45	1st-3rd	\$192.00	3/25	5/20
Silver Knights LEGO Robotics (M)	M	3:45-4:45	1st-5th	\$238.00	3/25	5/20
Gymnastics with Power Tots	T	3:45-4:45	PS-K	\$156.00	3/26	5/21
Kaizen Karate K-1	T	3:45-4:30	K-1st	\$152.00	3/26	5/21
Kaizen Karate 2-5	T	4:30-5:15	2nd-5th	\$152.00	3/26	5/21
Labyrinth Game Club EC	T	3:45-4:45	PS-K	\$80.00	3/26	5/21



Contact Us: 800-341-3177  
support@springboardkids.com

Labyrinth Game Club: Big Kids	T	4:45-5:45	1st-5th	\$80.00	3/26	5/21
Minecraft Coding using LUA 1-2	T	3:45-4:45	1st-2nd	\$228.00	3/26	5/21
Minecraft Coding using LUA 3-5	T	4:45-5:45	3rd-5th	\$228.00	3/26	5/21
Learning League: Rubik's World	T	3:45-4:45	3rd-5th	\$140.00	3/26	5/21
Chess Challenge	T/TH	4:00-5:30	3rd-5th	\$248.00	3/26	5/30
Boys Basketball with Capitol Kids K-2	W	3:45-4:45	K-2nd	\$198.00	3/27	5/29
Cooking Thyme: Family Favorites with a Healthy Twist PS-K (W)	W	3:45-4:45	PS-K	\$216.00	3/27	5/22
Mad Science: NASA PS-K	W	3:45-4:45	PS-K	\$140.00	3/27	5/22
Mad Science: NASA 1-5	W	4:45-5:45	1st-5th	\$140.00	3/27	5/22
Silver Knights LEGO Robotics (W)	W	3:45-4:45	1st-5th	\$238.00	3/27	5/22
Tippi Toes Tippi Jam	W	3:45-4:45	PS-K	\$225.00	3/27	5/29
Tippi Pop Stars	W	4:45-5:45	K-3rd	\$225.00	3/27	5/29
Boys Basketball with Capitol Kids 3-5	TH	3:45-4:45	3rd-5th	\$176.00	3/28	5/30
Breathing Space Family Yoga 2-5	TH	3:45-4:45	2nd-5th	\$148.00	3/28	5/30
Engineering for Kids: BrickLAB	TH	3:45-4:45	PreK4-K	\$185.00	3/28	5/30
Engineering for Kids: Jr. Mechanical Engineering	TH	4:45-5:45	1st-3rd	\$185.00	3/28	5/30
Jazz Dance with Chanel	TH	3:45-5:15	1st-5th	\$168.00	3/28	5/30
Music Appreciation PS-PK	TH	3:45-4:45	PS-PK	\$135.00	3/28	5/30
Music Appreciation K-2	TH	4:45-5:45	K-2nd	\$135.00	3/28	5/30
Cooking Thyme: Family Favorites with a Healthy Twist PS-K (F)	F	3:45-4:45	PS-K	\$216.00	3/29	5/31
Cooking Thyme: Family Favorites with a Healthy Twist 1-3	F	4:45-5:45	1st-3rd	\$216.00	3/29	5/31
Girls Basketball with Capitol Kids	F	3:45-4:45	K-4th	\$176.00	3/29	5/31
Koala Kids with ISMA PS-K	F	3:45-4:30	PS-K	\$210.00	3/29	5/31
Koala Kids with ISMA 1-5	F	4:30-5:30	1st-5th	\$210.00	3/29	5/31
Silver Knights Coding	F	3:45-4:45	2nd-5th	\$238.00	3/29	5/31

## Spring 2019 Course Offerings

### Monday

#### **Breathing Space Family Yoga** (Grades: PS-1<sup>st</sup>)

**Price:** \$148.00 **Minimum:** 6 **Dates:** 3/25 to 5/20 (8 classes; no class 4/15) **Time:** 3:45-4:45pm

**Description:** Yoga helps children learn techniques for concentrating, reducing stress, and connecting to their bodies in a loving way while having fun. Breathing Space classes incorporate age-appropriate poses, breathing, movement, games, and even music and art. Classes often revolve around a philosophical or natural theme and always include some form of quiet relaxation.

#### **More Than a Lemonade Stand** (Grades: K-2<sup>nd</sup>)

**Price:** \$175.00 **Minimum:** 6 **Dates:** 3/25 to 5/20 (8 classes; no class 4/15) **Time:** 3:45-4:45pm

**Description:** All new projects for spring! Unleash your creativity, prepare for your summer break stand! Young entrepreneurs will sample delicious lemonade, create fun crafts, and learn how to help people while discovering how to earn money selling all of it! Hands-on activities have been designed to ignite and inspire your child's inner entrepreneur. Young entrepreneurs will learn how to name, brand and market their 21st Century Lemonade Stand. Key 21st Century life and career skills like creativity, collaboration, critical thinking, communication, and character development will be emphasized.

#### **STEM Career Quest and Adventures** (Grades: 2<sup>nd</sup>-5<sup>th</sup>)

**Price:** \$175.00 **Minimum:** 6 **Dates:** 3/25 to 5/20 (8 classes; no class 4/15) **Time:** 4:45-5:45pm

**Description:** New for spring! During STEM (Science, Technology, Engineering & Math) Quest & Adventures, students will participate in interactive and engaging experiences through our hands-on lessons and fun activities. Students will explore real-world careers such as graphic and product designer, food scientist, archaeologist, or astronaut. Activities may include: designing a backpack, lunchbox or pet carrier; constructing a jungle zipline; creating wacky designs; or exploring the science of food. Key 21st Century life and career skills like creativity, collaboration, critical thinking, communication, and character development will be emphasized.

#### **PURE Tennis: Tennis Tots** (Grades: PS-K)

**Price:** \$192.00 **Minimum:** 6 **Dates:** 3/25 to 5/20 (8 classes; no class 4/15) **Time:** 3:45-4:45pm

**Description:** Tennis Tots is a fun-filled, challenging junior tennis coaching program designed for little players in grades PS-K. This program is aimed at enhancing motor skills such as hand-eye coordination, balance, movement, and spatial awareness. Each lesson is full of games that incorporate tennis skills to ensure players are engaged, and most importantly, having fun.

#### **PURE Tennis: Quick-Start** (Grades: 1<sup>st</sup>-3<sup>rd</sup>)

**Price:** \$192.00 **Minimum:** 6 **Dates:** 3/25 to 5/20 (8 classes; no class 4/15) **Time:** 4:45-5:45pm

**Description:** Quick-Start Tennis for Kids is a group play activity featuring action-based tennis drills for children in grades 1-3 of all ability levels. This program emphasizes movement and fun using age-appropriate equipment in addition to developing tennis and athletic skills, while improving health and fitness!

#### **Silver Knights LEGO Robotics** (Grades: 1<sup>st</sup>-5<sup>th</sup>)

**Price:** \$238.00 **Minimum:** 8 **Dates:** 3/25 to 5/20 (8 classes; no class 4/15) **Time:** 3:45-4:45pm

**Description:** In Robotics Club, we build, code, and have fun with LEGO® WeDo 2.0, a hands-on activity that combines LEGO® bricks, kid-friendly software, and engaging projects which inspire kids to explore the world of robotics! Students use gears, pulleys, and axels to create robots that move, crank, spin, and communicate. Make LEGO® WeDo 2.0 AquaBots in this session of Robotics Club. Each week, students build and code a different water-themed robot using LEGO® gears, pulleys, axles, motors and sensors. Make boats, seaplanes, ocean explorers and robotic denizens of the deep!

## Tuesday

### **Gymnastics with Power Tots** (Grades: PS-K)

**Price:** \$156.00 **Minimum:** 9 **Dates:** 3/26 to 5/21 (8 classes; no class 4/16) **Time:** 3:45-4:45pm

**Description:** Power Tots Gymnastics offers a fun and exciting program that is designed to challenge and educate children in multiple aspects of their lives. Fine and gross motor skills are developed and enhanced along with the overall physical and emotional well-being of each child. Our challenging and thorough curriculum touches on skill-building for cartwheels, forward/backward rolls, handstands, jumps, and so much more! Every goal is reached with the effort and execution of our belief in the “power of a positive attitude!”

### **Kaizen Karate** (Grades: K-1<sup>st</sup> and 2<sup>nd</sup>-5<sup>th</sup>)

**Price:** \$152.00 **Minimum:** 10 **Dates:** 3/26 to 5/21 (8 classes; no class 4/16)

**Time:** 3:45-4:30pm (K-1<sup>st</sup> class), 4:30-5:15pm (2<sup>nd</sup>-5<sup>th</sup> class)

**Description:** This Karate program offers safe, structured training that teaches students the proper form, style, and technique. Classes are tailored to student’s individual needs and help them to grow to their fullest potential. Karate not only focuses on instruction but also provides valuable lessons related to respect, discipline, motivation, self-control, confidence and continual improvement.

### **Labyrinth Game Club: Early Childhood** (Grades: PS-K)

**Price:** \$80.00 **Minimum:** 7 **Dates:** 3/26 to 5/21 (8 classes; no class 4/16) **Time:** 3:45-4:45pm

**Description:** Labyrinth Game Club is a weekly educational class utilizing modern, non-electronic board and card games to help children practice a variety of social and emotional skills. While our first and foremost objective is fun, children will gain experience winning and losing with grace, and practicing empathy for their fellow gamers. Following instructions and using fine motor, memory, math and storytelling skills are also key components in both the competitive and cooperative games the children will be playing.

### **Labyrinth Game Club: Big Kids** (Grades: 1<sup>st</sup>-5<sup>th</sup>)

**Price:** \$80.00 **Minimum:** 7 **Dates:** 3/26 to 5/21 (8 classes; no class 4/16) **Time:** 4:45-5:45pm

**Description:** Labyrinth’s Strategic Games Club is a weekly class dedicated to the idea of learning through gaming. Children will be playing a variety of modern and classic non-electronic board and card games. Playing games helps children in a variety of areas, allowing them to practice math and verbal skills, social and emotional skills, and sparking their creativity! Students will be taught a variety of games both cooperative and competitive, and at the end of the course will design their own game.

### **Minecraft Coding using LUA, with C3 Cyber Club** (Grades: 1<sup>st</sup>-2<sup>nd</sup> and 3<sup>rd</sup>-5<sup>th</sup>)

**Price:** \$228.00 **Minimum:** 8 **Dates:** 3/26 to 5/21 (8 classes; no class 4/16)

**Time:** 3:45-4:45pm (1<sup>st</sup>-2<sup>nd</sup> class), 4:45-5:45pm (3<sup>rd</sup>-5<sup>th</sup> class)

**Description:** Using a custom mod called “Computercraft.” students will learn how to program robots called “Turtles” inside the world of Minecraft. Kids will utilize problem-solving skills by learning how to program their robots to complete various tasks and objectives such as programming their turtles to automatically build, mine, and craft items and structures. They will be introduced to programming if-then-else statements, for-while loops, and implement their own functions using Lua, a simple scripting language. Looking for a fun way to introduce your child to programming? Why not do it using a game they love! (Note for 1<sup>st</sup>-2<sup>nd</sup> class: Basic reading skills required; Minecraft experience preferred but not required.)

### **Learning League: Rubik’s World** (Grades: K-5<sup>th</sup>)

**Price:** \$140.00 **Minimum:** 5 **Dates:** 3/26 to 5/21 (8 classes; no class 4/16) **Time:** 3:45-4:45pm

**Description:** Students will explore the wonderful world of the Rubik’s Cube. They will learn the different parts of the cube as well as how to manipulate it. Students will make different types of designs on the cube following a series of algorithms and will ultimately solve the entire cube by the end of the unit. The culminating activities include a student showcase, where individuals can teach others what they’ve learned and the Rubik’s Cube, and a Rubik’s Cube showdown, where they will race against the clock to solve the designs they’ve learned.

## Tuesday/Thursday

### **Chess Challenge** (Grades: 3<sup>rd</sup>-5<sup>th</sup>)

**Price:** \$248.00 **Minimum:** 12 **Dates:** 3/26 to 5/30 (16 classes; no class 4/4, 4/16, 4/18, 5/28) **Time:** 4:00-5:30pm

**Description:** Chess Challenge at LAYC (CCatLAYC) seeks to promote the academic, social, and leadership development of youth in the District of Columbia. Using the game of chess, children learn to think strategically, develop self-discipline and positive social skills, and increase their self-efficacy. CCatLAYC helps youth make good decisions by teaching skills such as critical thinking, strategic planning, and evaluation of consequences. CCatLAYC provides participants with semi-weekly instruction, source books, in-class chess sets, a T-shirt and entry into our Winter Tournament and Citywide Tournament.

## Wednesday

### **Boys Basketball with Capitol Kids** (Grades: K-2<sup>nd</sup>)

**Price:** \$198.00 **Minimum:** 8 **Dates:** 3/27 to 5/29 (9 classes; no class 4/17) **Time:** 3:45-4:45pm

**Description:** At Capitol Kids Sports, our Basketball sessions are organized and delivered focusing on 3 core concepts: 1) skill instruction/practice, 2) game play, 3) character education. During the skill instruction portion of our lessons, student athletes are presented with and given opportunities to practice the skills needed to play basketball. These include (but are not limited to) passing, dribbling, shooting, and game rules. During game play, student athletes will be given the opportunity to hone their skills in a friendly and supportive environment. Throughout our practices, character education is emphasized. During each class, coaches will discuss the importance of such values as teamwork, cooperation, respect, and sportsmanship.

### **Cooking Thyme: Family Favorites...with a Healthy Twist!** (Grades: PS-K)

**Price:** \$216.00 **Minimum:** 5 **Dates:** 3/27 to 5/22 (8 classes; no class 4/17) **Time:** 3:45-4:45pm

**Description:** Join us on this creative take on our Family Favorites! Students will learn to make all their family favorites...with healthy substitutes! Vegetable Lasagna, Creamy Mashed Cauliflower "Potatoes", Lemon and Garlic Zoodles, and our delicious Morning Glory Cupcakes! These are just a few of the delicious recipes you will be adding to your family's \*NEW\* family favorites!

### **Mad Science: NASA** (Grades: PS-K and 1<sup>st</sup>-5<sup>th</sup>)

**Price:** \$140.00 **Minimum:** 15 **Dates:** 3/27 to 5/22 (8 classes; no class 4/17)

**Time:** 3:45-4:45pm (PS-K class), 4:45-5:45 (1<sup>st</sup>-5<sup>th</sup> class)

**Description:** NASA-approved and endorsed, this program takes children on a tour of the universe! Participants will continue their explorations at home with fascinating information and take-homes. Children will learn about space travel, energy, dry ice, space technology, living in space, motion, and planets and moons.

### **Silver Knights LEGO Robotics** (Grades: 1<sup>st</sup>-5<sup>th</sup>)

**Price:** \$238.00 **Minimum:** 8 **Dates:** 3/27 to 5/22 (8 classes; no class 4/17) **Time:** 3:45-4:45pm

**Description:** See the description for Silver Knights LEGO Robotics on Mondays.

### **Tippi Toes Tippi Jam** (Grades: PS-K)

**Price:** \$225.00 **Minimum:** 6 **Dates:** 3/27 to 5/29 (9 classes; no class 4/17) **Time:** 3:45-4:45pm

**Description:** Tippi Jam is a high-energy dance class designed to keep boys and girls engaged in continual motion while they learn the basic elements of ballet, tap, and jazz in a way that is fun and healthy including exercising their bodies and singing voices!

### **Tippi Pop Stars** (Grades: K-3<sup>rd</sup>)

**Price:** \$225.00 **Minimum:** 6 **Dates:** 3/27 to 5/29 (9 classes; no class 4/17) **Time:** 4:45-5:45pm

**Description:** Get ready to turn your classroom into a stage and dance like your favorite pop stars! In this high energy, age appropriate class, students will learn popular jazz techniques and combinations that they see their favorite pop stars doing! Students will focus on a number of elements including musicality, coordination, improvisation, and style, all while listening to their favorite music!

## Thursday

### **Boys Basketball with Capitol Kids** (Grades: 3<sup>rd</sup>-5<sup>th</sup>)

**Price:** \$176.00 **Minimum:** 8 **Dates:** 3/28 to 5/30 (8 classes; no class 4/4, 4/18) **Time:** 3:45-4:45pm

**Description:** See the description for Boys Basketball with Capitol Kids on Wednesdays.

### **Breathing Space Family Yoga** (Grades: 2<sup>nd</sup>-5<sup>th</sup>)

**Price:** \$148.00 **Minimum:** 6 **Dates:** 3/28 to 5/30 (8 classes; no class 4/4, 4/18) **Time:** 3:45-4:45pm

**Description:** See the description for Breathing Space Family Yoga on Mondays.

### **Engineering for Kids: BrickLAB** (Grades: PreK4-K)

**Price:** \$185.00 **Minimum:** 12 **Dates:** 3/28 to 5/30 (8 classes; no class 4/4, 4/18) **Time:** 3:45-4:45pm

**Description:** Jump into STEAM challenges with us as we design and build with bricks. A brick building activity is incorporated into each lesson plan and is designed to inspire students to think creatively, ignite natural curiosity and foster a love for investigation. This session's content is designed to integrate instructional goals into application-based learning experiences. Students will enjoy the learning process when they have the opportunity to be challenged to build. Students will discuss difference between man-made vs. natural, explore tools, a counting stick and much more! (Brick builds are not take home creations)

### **Engineering for Kids: Jr. Mechanical Engineering** (Grades: 1<sup>st</sup>-3<sup>rd</sup>)

**Price:** \$185.00 **Minimum:** 12 **Dates:** 3/28 to 5/30 (8 classes; no class 4/4, 4/18) **Time:** 4:45-5:45pm

**Description:** The Junior Mechanical Engineering classes introduce our youngest engineers to fundamental concepts of energy, materials, and movement. Through open and focused exploration, students explore and construct their own roller coasters, catapults, cars, and more.

### **Jazz Dance with Chanel** (Grades: 1<sup>st</sup>-5<sup>th</sup>)

**Price:** \$168.00 **Minimum:** 5 **Dates:** 3/28 to 5/30 (8 classes; no class 4/4, 4/18) **Time:** 3:45-5:15pm

**Description:** Students will learn a series of unique jazz dance steps, choreography, and flexibility training. Students will learn proper and safety tips for various acrobatic moves. Incorporating and focusing on discipline and character, dances will experience partner work, teamwork, and leadership skills. **Needed for class:** Black slip-on jazz shoes; black sleeveless turtleneck leotard style #MT735; suntan footed or convertible tights; black dance tight ankle length leggings.

### **Music Appreciation with Just Rock Enterprises** (Grades: PS-PK and K-2<sup>nd</sup>)

**Price:** \$135.00 **Minimum:** 8 **Dates:** 3/28 to 5/30 (8 classes; no class 4/4, 4/18)

**Time:** 3:45-4:45pm (PS-PK class); 4:45-5:45pm (K-2<sup>nd</sup> class)

**Description:** Get ready to rock out with Just Rock! Our Music Appreciation classes consist of fun vocal warm-ups, singing, dancing, counting, spelling, and movement. Students experience light music theory and classroom instrument instruction. During each class, students are given the time to do artist spotlights.

## Friday

### **Cooking Thyme: Cooks and Storybooks** (Grades: PS-K and 1<sup>st</sup>-3<sup>rd</sup>)

**Price:** \$216.00 **Minimum:** 5 **Dates:** 3/29 to 5/31 (8 classes; no class 4/5, 4/19)

**Time:** 3:45-4:45pm (PS-K class); 4:55-5:55 (1<sup>st</sup>-3<sup>rd</sup> class)

**Description:** See the description for Cooking Thyme on Wednesdays.

### **Girls Basketball with Capitol Kids** (Grades: K-4<sup>th</sup>)

**Price:** \$176.00 **Minimum:** 8 **Dates:** 3/29 to 5/31 (8 classes; no class 4/5, 4/19) **Time:** 3:45-4:45pm

**Description:** See the description for Boys Basketball with Capitol Kids on Wednesdays.

**Koala Kids with Integrity of Self MovementArts** (Grades: PS-K and 1<sup>st</sup>-5<sup>th</sup>)

**Price:** \$210.00 **Minimum:** 6 **Dates:** 3/29 to 5/31 (8 classes; no class 4/5, 4/19)

**Time:** 3:45-4:30 (PS-K class); 4:30-5:30 (1<sup>st</sup>-5<sup>th</sup> class)

**Description:** Using elements of yoga, tai chi, gymnastics, and Pilates, children find themselves jumping, bouncing, moving rhythmically, and balancing peacefully. They become aware of their breath, proper skeletal alignment, the flow of their energy, and the use of their imaginations. They also learn to read “Labanotation,” the written language of movement. Children begin at their current skill level and progress at their own pace, developing their confidence as they develop their skills.

**Silver Knights Coding** (Grades: 2<sup>nd</sup>-5<sup>th</sup>)

**Price:** \$238.00 **Minimum:** 8 **Dates:** 3/29 to 5/31 (8 classes; no class 4/5, 4/19) **Time:** 3:45-4:45pm

**Description:** In Silver Knights Coding clubs, children in grades 2-5 learn to create stories, games, and animations using a visual programming language called Scratch. It’s as easy to use as snapping together building blocks! With Scratch, children learn to think creatively, work collaboratively, and reason systematically. Our curriculum teaches new coders the basics while challenging more experienced coders to create increasingly complex programs.