



January 2019

# January with Springboard!

### Did you know...

“January” comes from the Latin word, “ianua” meaning door since January is the door to new beginnings.

### At Springboard this month...

We will continue to reinforce culture and expectations.

### As part of our diversity celebrations we’ll discuss:

- New Year Celebrations
- Martin Luther King Jr.

### We’ll also explore and discuss:

- The Rain Forest
- Art Appreciation

As always, we'll work on reading and teamwork.

## Just for Fun!

### New Year’s Resolutions

The start of the new year is often the start of new traditions and resolutions. Here are some ideas for kids and parents to consider:

- Set out to learn something new every day – challenge your kids with fun facts you find online
- Read more – make a list of books in advance so you know what to read next.
- Be more grateful – studies show gratitude can make you 25% happier.
- Spend more time in nature – spending time outside makes people happier, boost the immune system and promotes creativity.

Share your ideas on Springboard’s Facebook page!



## Program Information

Samsel Upper Elementary & Preschool  
 Site Coordinator: Holly Kenny  
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January 1<sup>st</sup> & 21<sup>st</sup> – Springboard Closed  
 January 14<sup>th</sup> – Early Dismissal

Please enroll for the early dismissal days through your parent portal or by calling customer care at (800)-341-3177.

If you have any questions or concerns please reach out to the Site Coordinator Ms. Holly Kenny by email or phone.

## Birthday Corner

Christopher S.	1/16
Sophie S.	1/21
Marcos T.	1/20
Victoria C.	1/23
Alexandra D.	1/14
Shravan D.	1/6
Maya G.	1/5
Noemi O.	1/21
Sophia C.	1/10
Micah S.	1/22